







Neurostatus-SMARTCARE in comparison to standard Neurostatus-EDSS<sup>®</sup> - a prospective Swiss multicenter randomized cross-over study-

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## Background

- The **barriers** to accessing Multiple Sclerosis (MS) healthcare are wide-ranging and complex and affect both clinical practice and clinical trials settings
- COVID-19 pandemic exacerbated limitations and acted as booster of changes and innovations
- Neurostatus-eEDSS is the standard assessment deployed in MS randomized clinical trials, typically serving as the primary endpoint.
- Neurostatus-SMARTCARE aims to reduce and smooth some of the disparities in accessing MS healthcare (clinical trial setting) by increasing the number of Non-Neurologist Health Care Professionals (HCPs) licensed to perform the Neurostatus-(e)EDSS
- Neurostatus-SMARTCARE is developed to be used in Home-setting





## **Objectives**

#### neurostatus scoring

Scoring Sheet for a standardised, quantified neurological examination and assessment of Kurtzke's Functional Systems and Expanded Disability Status Scale in Multiple Sclerosis

STUDY NAME	SYNOPSIS		
	1. Visual	Ambulation Score	
PERSONAL INFORMATION	2. Brainstem		
Patient	3. Pyramidal	EDSS Step	
Date of Birth (04-Jun-1980)	4. Cerebellar		
Centre Nr/Country	5. Sensory		
Name of EDSS rater	6. Bowel/Bladder	1 Signature	
Date of Examination	7. Cerebral		

#### 1. VISUAL (OPTIC) FUNCTIONS

OPTIC FUNCTIONS	OD	OS	Scotoma		
Visual acuity CC SC			* Disc pallor		
Visual fields			FUNCTIONAL SYSTEM SCORE	>[	
2. BRAINSTEM FUNCTIONS					
CRANIAL NERVE EXAMINATION	_		Hearing loss		
Extraocular movements (EOM) impairment		Dysarthria			
Nystagmus			Dysphagia		
Trigeminal damage			Other cranial nerve functions		
Facial weakness			FUNCTIONAL SYSTEM SCORE		
3. PYRAMIDAL FUNCTIONS					
REFLEXES	> <	L			
Biceps			Knee extensors		
Triceps			Plantar flexion (feet/toes)		
Brachioradialis			Dorsiflexion (feet/toes)		
Клее			* Position test UE, pronation		
Ankle			* Position test UE, downward drift		
Plantar response			* Position test LE, sinking		
Cutaneous reflexes			* Able to lift only one leg at a time (grade in *)	۰	
* Palmomental reflex			* Walking on heels		
LIMB STRENGTH	R	L	* Walking on toes		
Deltoid			* Hopping on one foot		
Biceps			SPASTICITY		
Triceps			Arms		
Wrist/finger flexors			Legs		
Wrist/finger extensors			Gait		
Hip flexors			OVERALL MOTOR PERFORMANCE		
Knee flexors			FUNCTIONAL SYSTEM SCORE	[	

### **FIRST Objective**

**EDSS step** concordance rate between the neurologist and HCP

### Secondary Objective

- Subscores concordance rate between the neurologist and HCP
- FSs concordance rate between the neurologist and HCP
- To test if a recorded video of the assessment enables independent EDSS experts to determine the reasons of discordance
- To detect errors typical for an individual rater to offer targeted re-training
- To determine concordance with regard to capturing adequately changes in EDSS step













# **Study Design**





Both groups at both times are videorecorded





Swiss multicenter study: University Hospital Basel; Kantonspital Luzern; Reha Rheinfelden

